



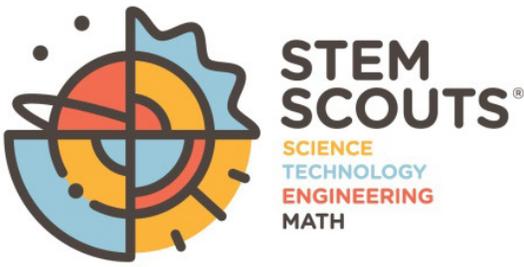
# STEM SCOUTS®

SCIENCE  
TECHNOLOGY  
ENGINEERING  
MATH

## Technology Lab: Lab Notebook – Building With mBot



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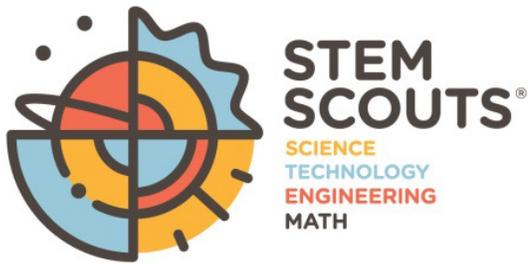


# Lab Notebook



## Building With mBot

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# Lab Notebook



## Building With mBot

### Overview

This module will use the mBot robot to show how programming and robotics can be combined to create some amazing projects. Robots are quickly changing the way we work and live and will have an even larger impact on our lives in the future. Robotics is an exciting way to teach you the different areas of STEM with activities that will challenge you to construct and program a robot. The mBot allows you to explore how motion, lights, sounds, and sensors are used to control the actions of your robot. You will use the Scratch Blockly programming environment to work collaboratively with your team to solve challenges each meeting.



This module was developed for STEM Scouts by Eduporium. Eduporium ([www.eduporium.com](http://www.eduporium.com)) is an all-encompassing partner of STEM educators and after-school programs, specializing in creating innovative education and computer technology solutions to better prepare young people for the 21st century. Their experts creatively combine technology tools into engaging

solutions for use in small groups or large classrooms, and they design starter activities so young people can enjoy meaningful learning. Eduporium encourages early exposure to invention, problem-solving, coding, and collaboration to provide every youth with the chance to succeed.

This module takes six STEM Scout meetings of approximately 90 minutes each.

### Meeting 1: Introduction to Robotics

Robots can be made in many ways, using all types of materials. Most robots share a great deal in common, and you will discover these important features while building an mBot with your team. Before assembling the mBot's different parts, you and your team will learn about input and output devices, controllers, and power sources. Once the mBot is built, you and your team will learn to control it using the preprogrammed features and the remote control.

### Meeting 2: Introduction to Programming

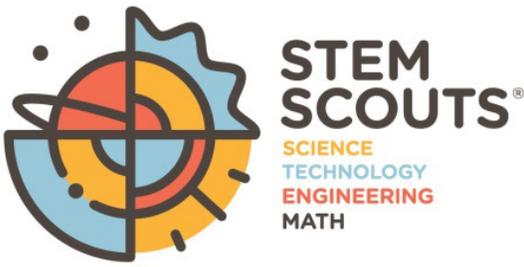
You will learn to control your mBot by programming with the mBlock software. You and your team will go through an introduction to programming and the Scratch 2.0 software. You will develop programming skills while designing programs to make the robot move in a square and in a circle. You will be able to explore and get a feel for the software as you begin your mBot programming journey

### Meeting 3: The Physics of Acceleration

Iteration and experimentation are important concepts in programming and engineering. This means developing something, trying it out, and developing it some more. In this meeting, you and your team will use the STEM Scouts Engineering Design Process to practice your programming and collaboration skills. You will learn how to control the acceleration of your mBot and will be challenged to drive your robot up and down a ramp.

### Meeting 4: Programming With Math, Light and Sound

The mBot has several sensors that collect data. Using your math skills, you and your team will work with this data to create a reaction from your mBot when the correct information is received. You will discover the important role that math plays in programming. The mBot's light sensor and ultrasonic sensor will be activated to control the mBot's actions.



# Lab Notebook



## Building With mBot

### Meeting 5: Programming With Music

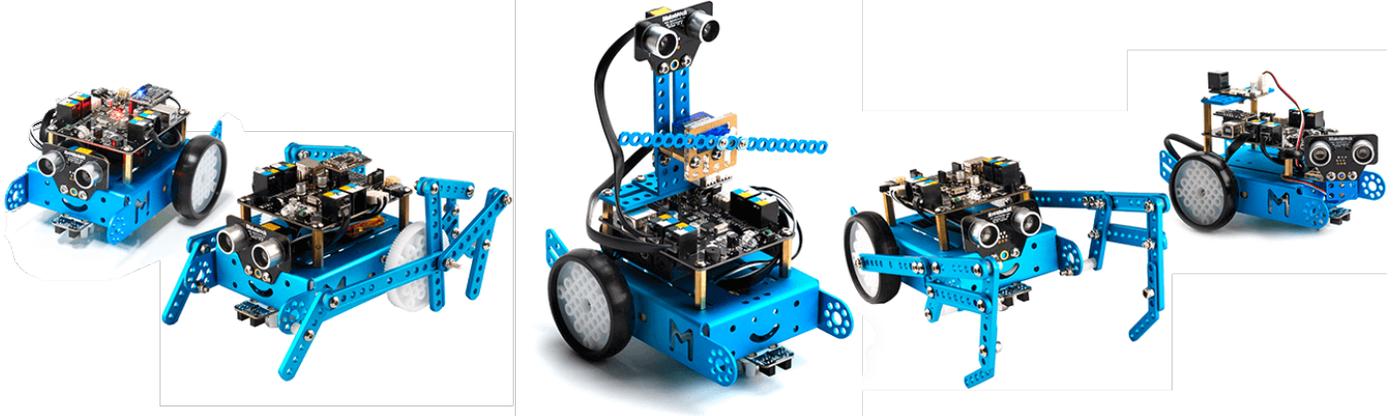
The mBot has two RGB LED lights and a buzzer on the mCore processor. You and your team will use these features to program your mBot to dance, play music, and change the colors of the lights. You will gain a better understanding of how RGB lights are used in pixels to create images that are able to be manipulated. You and your team will be challenged to reuse and remix a program to create your own unique project.

### Meeting 6: Putting It All Together

You and your team will put together all of your programming knowledge and robotics skills developed over the course of the previous meetings as you are challenged to create a program that will enable the mBot to run through an obstacle course.



## Meeting 1: Introduction to Robotics



### Meeting 1: Introduction to Robotics

#### Opening

The Principal Investigator will lead the group in reciting the Pledge of Allegiance and the Scout Oath and Scout Law.

Scout Oath (Scout Sign)	Scout Law (Scout Sign)
On my honor I will do my best To do my duty to God and my country and to obey the Scout Law; To help other people at all times; To keep myself physically strong, mentally awake, and morally straight.	A Scout is trustworthy, loyal, helpful, friendly, courteous, kind, obedient, cheerful, thrifty, brave, clean, and reverent.

#### Applying the Scout Law

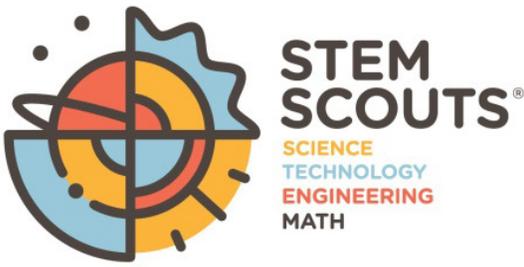
Today's theme is *kind*, as in *I will be kind to my teammates and help to make sure that everyone gets to participate in exploring the mBot.*

#### Activity Overview

You and your team will assemble your mBot using the instructions in the mBot kit. You will learn about the parts of your robots and their purpose and importance. You will also learn to control the mBot using the preloaded programs on the remote control.

#### Background

Robots have evolved to have many uses, including movement and recognizing external objects. When combined with other forms of technology, robotics can be a valuable tool for learning the concepts of programming. People around the world work with robots that are small enough to fit in the palms of their hands or as large as people and program them to develop certain abilities and actions. These days, robots can accomplish just about anything, helping to show the importance of building problem-solving skills and developing creativity.



# Lab Notebook



## Meeting 1: Introduction to Robotics

mBot is an easy-to-run robot kit that provides hands-on experience in graphical programming, electronics, and robotics. It is easy to assemble and comes with an Arduino open-source platform that allows the robot to be programmed using the mBlock software.

Although there are many different types and styles of robots, they all have similar core parts. The mCore main control board is the brain of the mBot. The wheels and chassis are the arms, legs and body. Sensors in robots can often replicate the five senses.

All computers are directly programmed in what is commonly referred to as machine code. These are usually very low-level binary commands to individual parts of the computer. While machine code allows you to completely control every aspect of any computer, it is very difficult to understand and takes enormous amounts of time to create the code to perform even simple tasks.

Programming languages are important because they allow programmers to communicate with machines such as computers and robots at a higher level. A programming language is a set of instructions that tells a computer to perform specific tasks. Programming languages are like spoken languages. There are many different spoken languages, such as English, French, and Spanish. There are also many different programming languages, such as Python, Java, and C++, that have been developed. The vast majority of coding done today uses high-level programming languages. These are languages that look more like math or common human languages and translate our commands to machine code. An example is adding two numbers.

A high-level language might let you type in:

$$A = B + C$$

Machine code commands might look like: 110100011011101

The same equation in Assembly code, which is a level above machine code, might look like the following:

Load r1, mem(5) (where mem(5) is the memory location where the value of B is stored)

Load r2, mem(6)

Add r1, r2, r3

Load mem(4), r3

Which do you think is easier to work with?

A software development environment (SDE) is the term that describes the system in which a person can use a programming language. SDEs often contain simulators of the code, the ability to download and test code, and visual elements that make programming simpler. The mBot is programmed using the mBlock SDE software, which uses Blockly as the programming language interface. Blockly is a visual block programming language that packages the underlying JavaScript into easily manageable blocks. Block programming makes programming for new or younger programmers easier and quicker to understand and use for projects.



## Meeting 1: Introduction to Robotics

### Safety Moment

Keep track of your mBot parts when assembling and disassembling it. You need all these parts for the rest of the meetings.

Be careful not to force the parts together when assembling the mBot.

Make sure the mBot does not drive off tables or counters. If you are using it on the floor, make sure you don't step on it or trip over it.

If you have long hair, tie it back following lab safety rules. Also, if you have any long, dangling necklaces or similar items, take them off or put them inside your clothing. You don't want them to get caught in the mBot's wheels.

### Experiment

Get into teams of four. You will stay in these teams for all six meetings in this module.

### Materials List

- 1 pair of tweezers to tighten nuts if they become loose (shared between two teams)
- 1 mBot kit
- 1 small Phillips head screwdriver (shared between two teams)
- 4 AA batteries
- CR2025 button cell battery for remote control



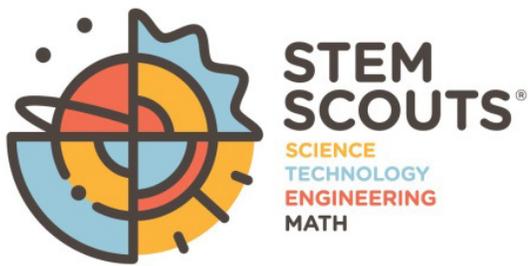
## Meeting 1: Introduction to Robotics

### Step 1: Parts of Your Robot

As a team, discuss what you think each part does. Then write in the human equivalent for that part.

What body part compares with the robotic part?

<i>Image</i>	<i>Robotic Name</i>	<i>Human Body Part</i>
	Chassis	
	Motors	
	Wheels	
	mCore Processor	
	Sensors Me Ultrasonic Sensor Me Line Follower	



# Lab Notebook



## Meeting 1: Introduction to Robotics

### Step 2: Assemble Your mBot (25 minutes)

You and your team will assemble your mBot following the instructions in the mBot kit. Each page in the assembly manual lists the parts needed for each step and explains how to assemble each part.

You and your teammates should take turns with the following roles when assembling the parts:

- **Inventory Manager:** collects the parts for assembly
- **Builder:** adds the parts to the mBot
- **Quality Manager:** checks that the parts are assembled correctly
- The fourth Scout can be the Inventory Manager for the next step and can begin finding parts for that step.

**Inventory Manager:** Find the parts needed on page 4 of the mBot assembly manual.

**Builder:** Using the parts from your Inventory Manager, assemble the parts as shown in the assembly manual.

**Quality Manager:** Verify that the Builder has the correct parts and has assembled the parts correctly.

You and your team should rotate roles after finishing each page.

Complete steps through page 7 (Wiring), with everyone taking different roles each time.

When the mBot is assembled, put any spare parts and tools back into the mBot kit.

### Step 3: Power Up!

After you have assembled the mBot, turn it on using the switch on top of the mCore processor.

### Step 4: Power the Remote Control

Place the CR2025 button cell battery in the remote control.

### Step 5: Remote Controls! (25 Min)

The mBot can be controlled through programming or by using the remote control. The remote control has three preloaded programs that you can use. You and your team can use the gear button on the remote control to practice using these features. There is a good picture of the remote control on page 9 of the assembly manual you can refer to. Each of you should have a chance to try each of the three modes.

Mode 1 is the Remote Manual Control: Practice driving around the room, being careful not to drive into walls or other mBots.

Mode 2 is the Wall Avoidance Robot Mode: See where your robot takes you and what happens when it encounters obstacles using the Me Ultrasonic Sensor.

Mode 3 is the Line Follower Robot Mode: Using the Route Map that is included in the mBot kit, test and see how the mBot uses its Me Line Follower Sensor.

Check the nuts and bolts periodically to make sure they are not loosening. If they are loose, use the tweezers to tighten them.



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# Lab Notebook



## Meeting 1: Introduction to Robotics

### Cleanup

Turn off your mBot, remove the batteries, and put the mBot in the box with the spare parts, remote control, and USB cord. Be careful not to damage the box, as it will house the mBot and its parts for the rest of this module.

Clean your area, and be sure no trace is left behind.

### STEM Innovator Moment Notes




## Meeting 2: Introduction to Programming

```

(function repeat() {
  eat();
  sleep();
  code();
  repeat();
}) ();

```

*Shutterstock.com, courtesy—©Orange Vectors*

### Meeting 2: Introduction to Programming

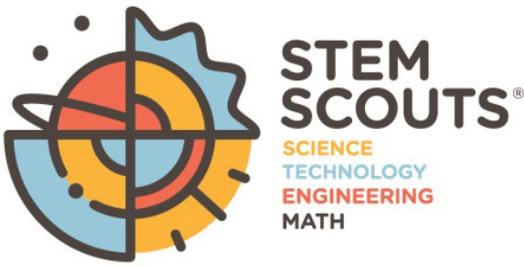
#### Opening

The Principal Investigator will lead the group in reciting the Pledge of Allegiance and the Scout Oath and Scout Law.

Scout Oath (Scout Sign)	Scout Law (Scout Sign)
On my honor I will do my best To do my duty to God and my country and to obey the Scout Law; To help other people at all times; To keep myself physically strong, mentally awake, and morally straight.	A Scout is trustworthy, loyal, helpful, friendly, courteous, kind, obedient, cheerful, thrifty, brave, clean, and reverent.

#### Applying the Scout Law

Today’s theme is *helpful*, as in *I will help my teammates as we all learn how to program the mBot together.*



# Lab Notebook



## Meeting 2: Introduction to Programming

### Activity Overview

You and your team will learn how the parts of the mBot can be controlled through programming. You will be introduced to the mBlock software and learn how Blockly programming simplifies complex programming into easy-to-use blocks. You and your team will use mini-tutorials to learn about movement and rotation; controlling sensors, lights, and sounds; and loading and running your programs with the mBot.

### Background

**History of Programming:** The middle of the 19th century saw much forward progress. Areas such as engineering, transportation, communication, architecture, science, and manufacturing were all changing rapidly. The people who worked in these fields relied on printed numerical tables for calculation. Human error was common when working with these numbers, however, and it was feared that these errors could be a disaster waiting to happen

**Teamwork:** Early attempts at creating a computer were unsuccessful. The ENIAC, or Electronic Numerical Integrator and Computer, is considered the first successful programmable computer. Its success was attributed to the team of innovators that used past models and teamwork to build it.

Today you will be using mBlock to control your mBot. mBlock is a graphical programming language based on the Scratch software development environment. Scratch makes it easy to program your mBot and create other creative programs. Scratch was designed so that anyone can code. The blocks are made up of JavaScript commands. JavaScript can take time to master but when it's put into blocks, like in Scratch, users can start coding and creating in no time.

Your Lab Manager will play a video for you.

### Safety Moment

Make sure the mBot does not drive off tables or counters. If you are using it on the floor, make sure you don't step on it or trip over it.

Connect and disconnect the cable carefully when testing programs, so that you don't damage the cable or connector.

If you have long hair, tie it back following lab safety rules. Also, if you have any long, dangling necklaces or similar items, take them off or put them inside your clothing. You don't want them to get caught in the mBot's wheels.

### Experiment

Get into the same teams of four that you were in for the previous meeting.

### Activity 1: Introduction to mBlock (20 minutes)

#### Materials List

- 1 mBot kit (mBot already assembled from previous meeting)
- 1 small Phillips head screwdriver (shared between two teams)
- 4 AA batteries
- CR2025 button cell battery for remote control
- 1 laptop

Put the batteries back into your mBot robot.



## Meeting 2: Introduction to Programming

**Step 1:** You and your team should open the mBlock program that is loaded on your computer. Make sure that each member of your team has a chance to be the programmer.

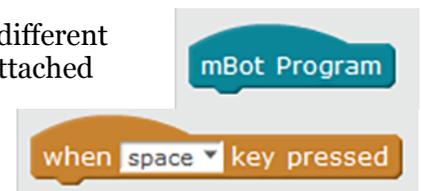
### Step 2: Program Your Panda

*You will first practice programming your Panda before programming your mBot.*

**Sprites** are the characters that you will program for this activity. You can change sprites; however, for this activity we will program a panda.

**Event blocks** or **event handlers** start action in your program. They are different from other blocks because they have a rounded top and can have nothing attached above them. **NOTE:** mBot program blocks must be connected to the rest of the blocks in order to successfully run the commands.

Some examples are:



**Motion blocks:** Control how your sprite will move around your screen.



**Look blocks:** Control the appearance of your sprites in the program.

**Control blocks:** Allow you to control your sprites.

Copy this program that uses Event, Look, Control, and Motion blocks.

What else can you make your panda do?

Each team member should take about 5 minutes to see what they can discover.

If your sprite goes off the screen, use a **go to x:0 y:0** command to get it back on-screen.

Now it's time to program your mBot!

Your team will do two programming activities. Spend a few minutes discussing how your team will make sure each team member gets a chance to program.

Scouts who are not programming should be reviewing the program and managing the robot when it is running.





## Meeting 2: Introduction to Programming

### Activity 2: Go Around in Circles (25 minutes)

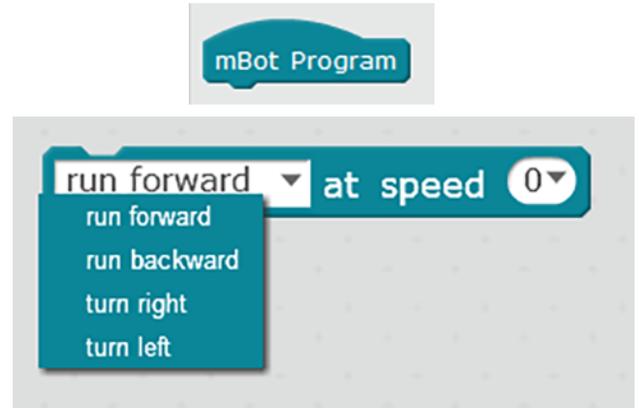
Remember to switch programmers so everyone has a chance to code.

Remove your mBot and your connection cord from the box.

When programming the mBot, use **Scripts > Robots**.

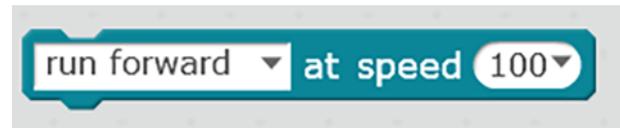
To start your program, use the mBot Program block. Then connect the other blocks below this block.

Robots are made to move, and in this activity you are going to learn how. The block that controls robot movement has two drop-down menus. The first menu controls the direction in which the robot moves:



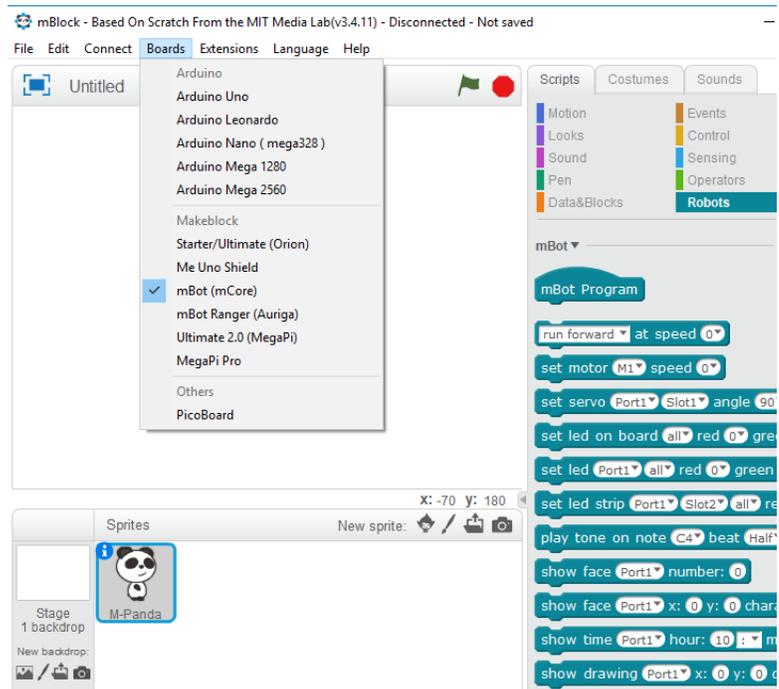
The second menu controls power. The top power is 255, 0 stops the motors, and negative numbers reverse direction. (NOTE: Very low power levels may not be strong enough to get the robot moving.)

The **Programmer** should select the following to get the robot moving forward at a speed of 100:



### Connecting your mBot to run your programs:

- Plug your connection cord to a USB port on your computer.
- Plug the other end into your mBot.
- Hold your mBot and be careful to keep your hands away from the wheels.
- Turn on your mBot. (Note that the last program that was entered may start running.)
- On the mBlock program, open the **Boards menu** and select **mBot (mCore)**.

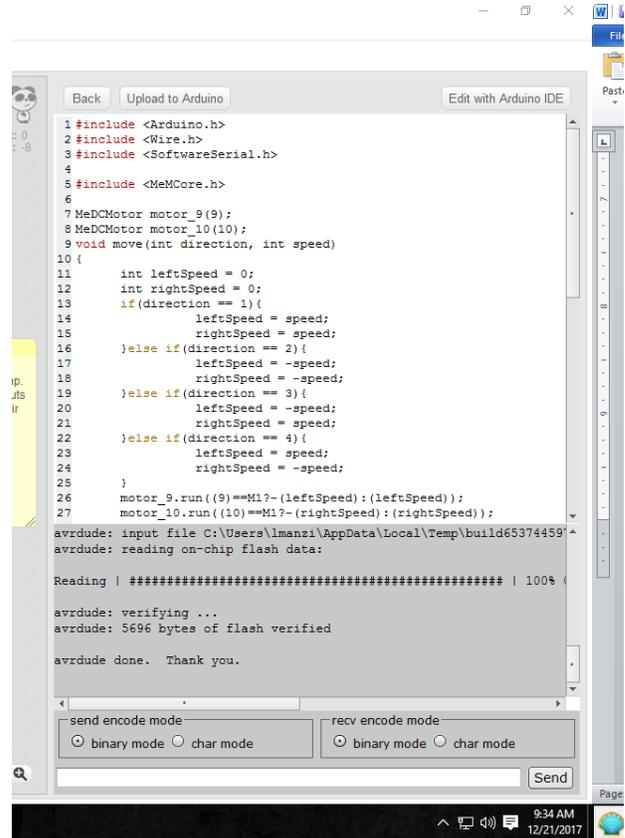




## Meeting 2: Introduction to Programming

- Next open the **Connect menu** and select **Serial Port**.

Serial ports will vary from computer to computer. To find the port for your mBot, see what ports are available with the mBot turned off. Then when the mBot is turned on, a new port should be visible. That is the port that should be selected.



```

1 #include <Arduino.h>
2 #include <Wire.h>
3 #include <SoftwareSerial.h>
4
5 #include <MeMCore.h>
6
7 MeDCMotor motor_9(9);
8 MeDCMotor motor_10(10);
9 void move(int direction, int speed)
10 {
11     int leftSpeed = 0;
12     int rightSpeed = 0;
13     if(direction == 1){
14         leftSpeed = speed;
15         rightSpeed = speed;
16     }else if(direction == 2){
17         leftSpeed = -speed;
18         rightSpeed = -speed;
19     }else if(direction == 3){
20         leftSpeed = -speed;
21         rightSpeed = speed;
22     }else if(direction == 4){
23         leftSpeed = speed;
24         rightSpeed = -speed;
25     }
26     motor_9.run((9)==M1?-(leftSpeed):(leftSpeed));
27     motor_10.run((10)==M1?-(rightSpeed):(rightSpeed));

```

avrduide: input file C:\Users\lmanzi\AppData\Local\Temp\build65374459  
avrduide: reading on-chip flash data:  
  
Reading | ##### | 100%  
  
avrduide: verifying ...  
avrduide: 5696 bytes of flash verified  
  
avrduide done. Thank you.

send encode mode      recv encode mode  
 binary mode  char mode       binary mode  char mode

Send



## Meeting 2: Introduction to Programming

- Click on the mBot program block to open Arduino mode.
- Click the Upload to Arduino button to upload your program to your mBot.



Sometimes you don't want to move in a straight line or perform a point turn (as the turn left/turn right commands do). In this case, you can use the set motor block:

You can choose a motor (M1 is the left; M2 the right) and a power level (negative values make the mBot move in reverse). In this way, you can perform swing turns, in which one motor is turned off and the other is on):



Spend some time discussing different ways your robot can turn in a circle.

### Challenge:

Write a program so your robot moves in a figure eight.

Write a program so your robot moves to spell your initials.

### Activity 3: Move in a Square (25 minutes)

Remember to switch programmers so everyone has a chance to code.

#### Step 1:

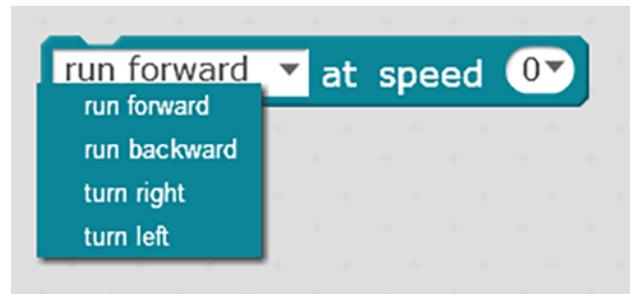
Remove your mBot and your connection cord from the box.

When programming the mBot, use **Scripts > Robots**.

To start your program, use the mBot Program block. Then connect the other blocks below this block.

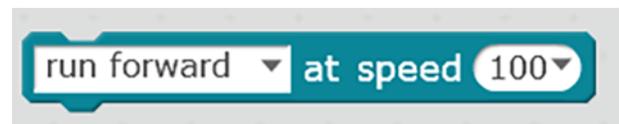


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The second menu controls power. The top power is 255, 0 stops the motors, and negative numbers reverse direction. (NOTE: Very low power levels may not be strong enough to get the robot moving.)

The **Programmer** should select the following to get the robot moving forward at a speed of 100:

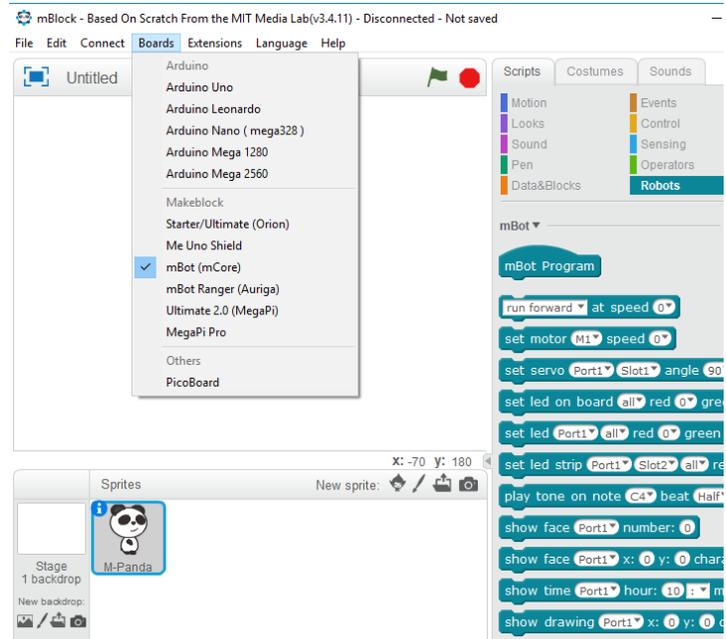




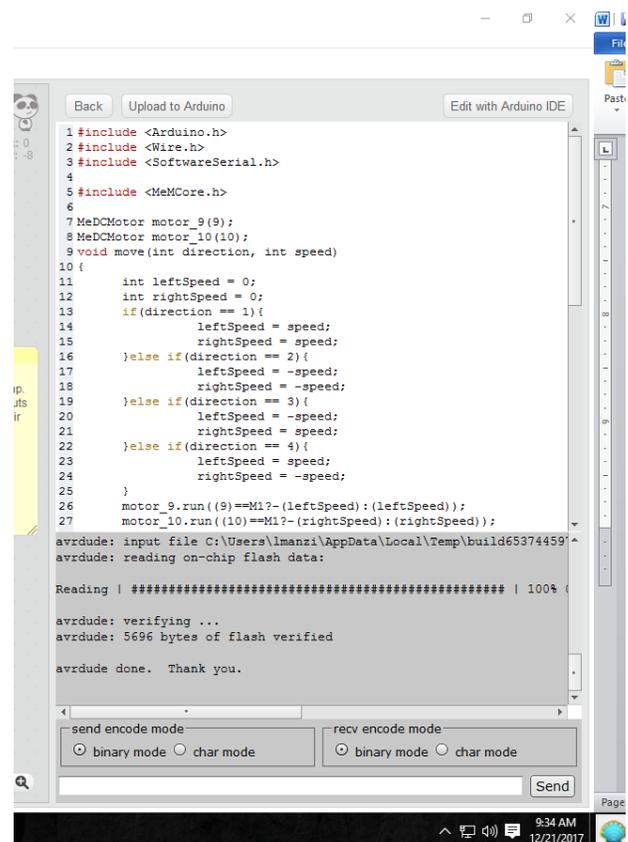
## Meeting 2: Introduction to Programming

### Connecting your mBot to run your programs:

- Plug your connection cord into a USB port on your computer.
- Plug the other end into your mBot.
- Hold your mBot and be careful to keep your hands away from the wheels.
- Turn on your mBot. (Note that the last program that was entered may start running.)
- On the mBlock program, open the **Boards menu** and select **mBot (mCore)**.
- Next open the **Connect menu** and select **Serial Port**.



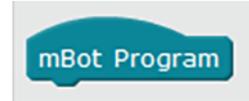
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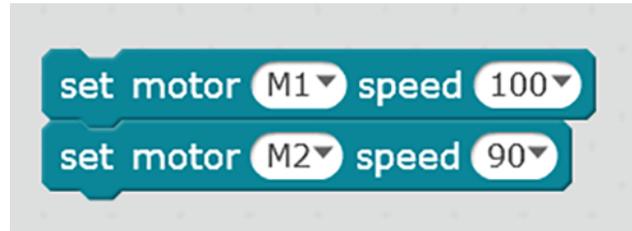


## Meeting 2: Introduction to Programming

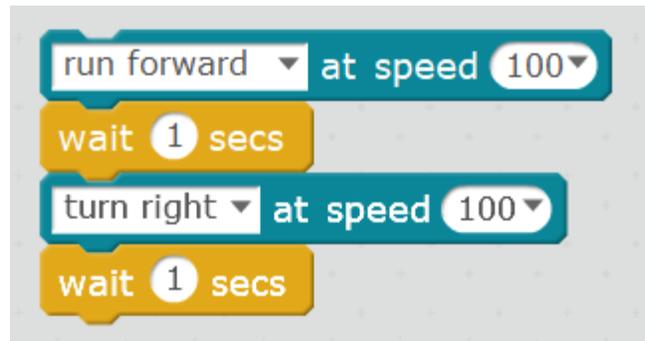
- Click on the mBot Program block to open Arduino mode.
- Click the Upload to Arduino button to upload your program to your mBot.



It is possible that the robot does not run perfectly straight. This could be for a few reasons, such as one of the wheels not being perfectly aligned or one of the wheels being more tightly attached to the robot, causing more friction. If this is the case, you could fix this by replacing the run forward block with two blocks setting the motor power levels separately:

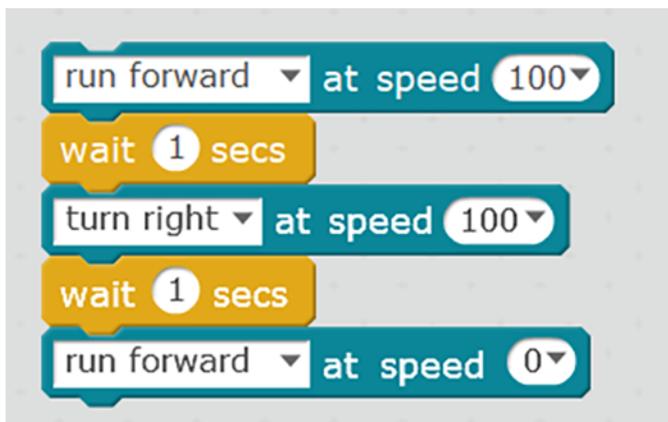


**Programmer:** If your robot is going straight, continue using the run forward block. You want to write a program that makes the mBot move in a square. So go forward for one second, then turn right. Try running the following program:



Does this program run as you wanted? Discuss with your team why it does not work and how you can correct it before moving forward.

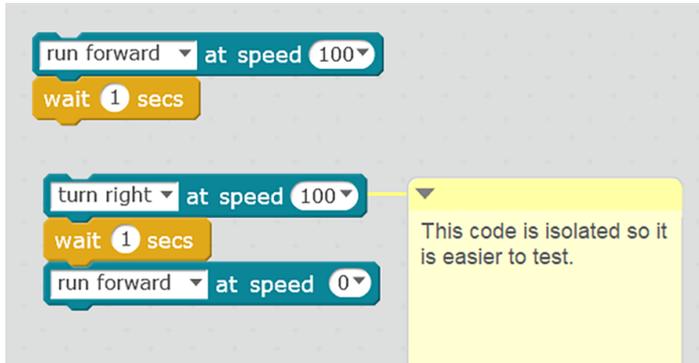
**Programmer:** You and your team should copy the following program:



Now your robot moved a little too far. One way that programmers test their programs is by isolating parts and running them separately. So if your team wants to test how far to turn, and that is unrelated to the part of the code that moves forward, you can isolate the turning part of the code. This will make testing easier and faster. See the image below:



## Meeting 2: Introduction to Programming

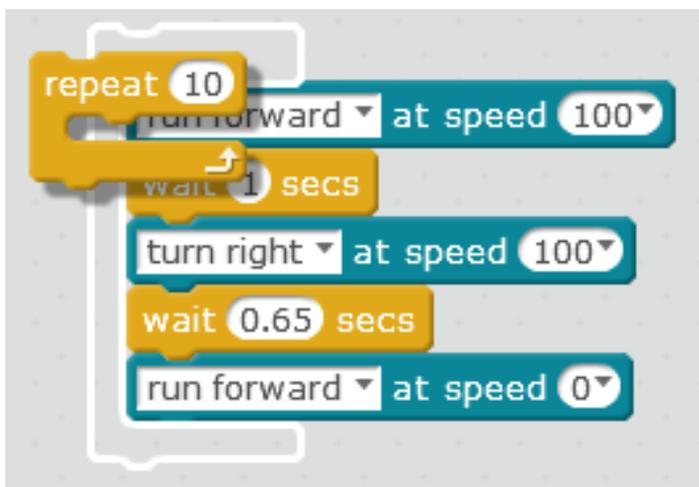


Discuss with your team what each team member thinks the timing should be for a 90-degree angle. Test your team’s ideas on your robot.

Does your time to turn 90 degrees match any other team’s time?

The time mBot needs to turn 90 degrees depends on many things. For example, the kind of battery you are using, how charged the battery is, how much friction there is between the motor and the wheel, and the speed setting of the turn will all affect the time needed to turn 90 degrees. So, when you do your tests, it is more than likely you will get a different time than other teams.

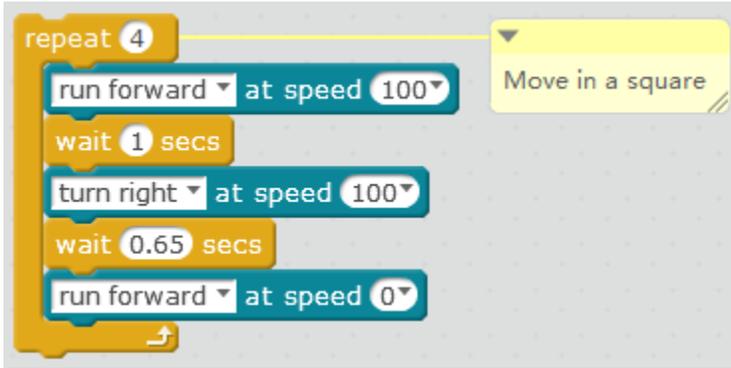
You should use loops to make your square. Loops are commonly used in programming languages to repeat sets of commands. Your program will need to go forward and turn four times to make four sides. There is a repeat block you can use to make a loop. Put all the things you want to be repeated inside the repeat block.





## Meeting 2: Introduction to Programming

And change the number of repeats to 4:



When completed, you should have successfully made a square with your mBot! Congratulations!

If you finish early, try these challenges:

Do you need the last movement command in they repeat loop? Can you make the code more streamlined so it still does what you want but with fewer commands issued?

Can you write a program that moves the robot in a rectangle?

Can you extend your program so that it gives a warning sound before starting and has lights on while moving?

### Cleanup

Turn off your mBot, remove the batteries, and put the mBot in the box with the spare parts, remote control, and USB cord. Be careful not to damage the box, as it will house the mBot and its parts for the rest of this module.

Exit all applications on the laptop, fully power it down, and return it to the Program Manager.

Clean your area, and be sure no trace is left behind.



**STEM  
SCOUTS®**  
SCIENCE  
TECHNOLOGY  
ENGINEERING  
MATH

# Lab Notebook



## Meeting 2: Introduction to Programming

**STEM Innovator Moment Notes**




## Meeting 3: The Physics of Acceleration



*Shutterstock.com, courtesy-©Vasilyev Alexandr*

### Meeting 3: The Physics of Acceleration

#### Opening

The Principal Investigator will lead the group in reciting the Pledge of Allegiance and the Scout Oath and Scout Law.

Scout Oath (Scout Sign)	Scout Law (Scout Sign)
On my honor I will do my best To do my duty to God and my country and to obey the Scout Law; To help other people at all times; To keep myself physically strong, mentally awake, and morally straight.	A Scout is trustworthy, loyal, helpful, friendly, courteous, kind, obedient, cheerful, thrifty, brave, clean, and reverent.

#### Applying the Scout Law

Today's theme is *brave*, as in *I will be brave and learn about how to control the mBot, even if I am not a big fan of physics.*



## Meeting 3: The Physics of Acceleration

### Activity Overview

In this activity, you and your team will create a ramp and use acceleration and timing in programming to have your mBot go up the ramp, stop, and then go down the ramp with control. You will learn about the importance of iteration in the STEM Scouts Engineering Design Process.

### Background

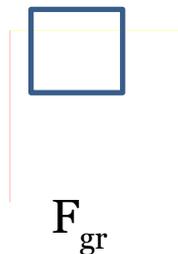
#### Physics and Acceleration of Ramps (Inclined Planes)

An inclined plane is one of the simple machines that was used in ancient history. An inclined plane—often called a ramp—has no moving parts. It allows us to move objects up and down an even sloping surface without having to move them directly upward or downward.

Ancient Egyptians built pyramids of heavy stone. How did they get those huge blocks to the tops of pyramids? There has been much speculation, but the most likely scenario involves intricate ramps.

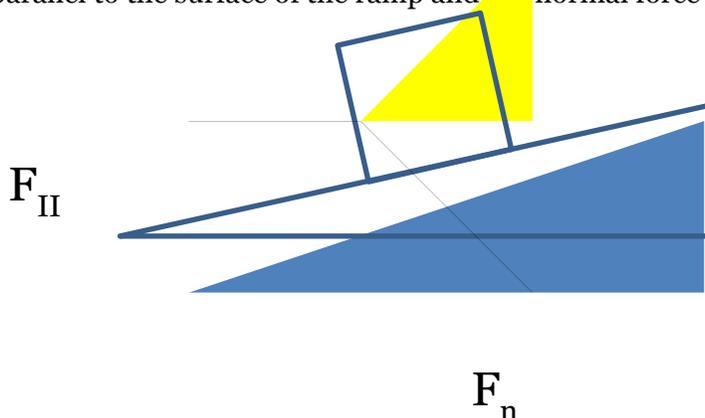
How does the physics of acceleration affect this? Any object is subject to the acceleration of gravity, and that force is:

$$F_{\text{object}} = \text{Mass} * F_{\text{gravity}}$$

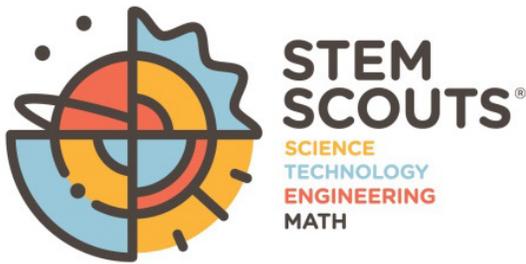


A 10,000-pound block of stone has a force on it of 320,000 foot-pounds/second. To lift it, you have to exert more than that force to get it off the ground.

When you put that same block on a ramp that gravitational force generates two components—the force parallel to the surface of the ramp and the normal force pulling the block against the ramp.



The acceleration along the surface of the plane is:  $F_{II} = \text{mass} * g * \sin \theta / \text{mass}$ , where  $\theta$  is the angle of the ramp. If we increase the slope of the ramp, the acceleration down the ramp is greater, and so the force needed to push the block up the ramp is greater. If the slope of the ramp is gentle, the object will be pushed or pulled over a longer distance but with less effort. If the slope is steep, the object has to be pushed or pulled over a shorter distance but with more effort.



# Lab Notebook



## Meeting 3: The Physics of Acceleration

When you build your ramp, think about how the slope of the ramp and the speed of your mBot's motors will affect your ramp design.

The STEM Scouts Engineering Design Process is similar to the process that engineers use when designing a product, system, or environment to solve a problem. Designers do not always move step by step through the process. They often jump back and forth between steps as they move toward their final solution. This method consists of the following steps.

**Step 1: Define the Problem** (What is it that you're trying to accomplish?)

**Step 2: Conduct Background Research** (How have others before me accomplished this? What do I already know that can help?)

**Step 3: Specify Requirements** (What do I need to do in order to solve my problem from Step 1?)

**Step 4: Create Alternative Solutions** (Is there any other way to solve this problem?)

**Step 5: Build a Prototype** (Build something that meets your requirements from Step 3.)

**Step 6: Test and Redesign as Necessary** (Verify that your prototype does what you wanted it to, and adjust it if it doesn't. Be sure to write down any changes you make!)

**Step 7: Communicate Results** (Tell everyone else about the design you made to solve your problem. Diagrams are a bonus!)

### Safety Moment

Make sure the mBot does not fall off the ramp. Make sure you don't step on the mBot or the ramp or trip over them.

Connect and disconnect the cable carefully when testing programs so that you don't damage the cable or connector.

If you have long hair, tie it back following lab safety rules. Also, if you have any long, dangling necklaces or similar items, take them off or put them inside your clothing. You don't want them to get caught in the mBot's wheels.

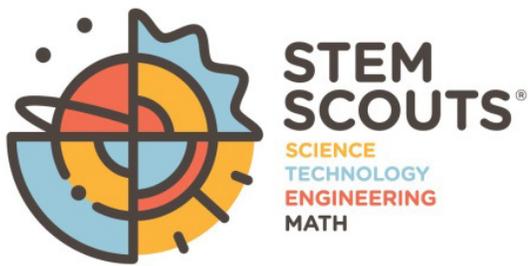
### Experiment

Get back into the same teams of four that you were in for previous meetings.

#### Activity 1: Build a Ramp (20 minutes)

##### Materials List

- 1 pair of tweezers to tighten nuts if they become loose (shared between two teams)
- 1 mBot kit (mBot already assembled from Meeting 1 PLUS mBot box)
- 1 small Phillips head screwdriver
- 4 AA batteries
- CR2025 button cell battery for remote control
- 4 7x7-inch pieces of cardboard (for ramp)
- 1 roll of electrical tape for the teams to share (for ramp)
- 5-10 craft sticks to use as support for the ramp as needed.



# Lab Notebook



## Meeting 3: The Physics of Acceleration

### Step 1: Define the Problem

Engineers used their science, technology, engineering, and math skills to solve problems. Machines often have to drive over some difficult terrains, such as rivers, or around or over obstacles that are impossible to move. You and your team will use your skills to solve this problem: **How do we get our mBot to drive up and over an obstacle?**

In today's activity, you will design a ramp that will allow your team to drive an mBot up and over an imaginary obstacle. Working with your team, you will go through the engineering design process to design a ramp and a program that will take your mBot to the other side.

There is a challenge in this: You want the mBot to be able to go over the highest obstacle possible without falling off the ramp.

### Step 2: Conduct Background Research

With your team, discuss the following issues:

- How steep should the ramp be? (Various angles; if it's too steep, the robot will tip.)
- At what speed should the robot move? (Programming speeds are 50, 100, and 255.)

How will you figure this out?

### Step 3: Specify Requirements

Your mBot must go up the ramp, stop at the top, then proceed down the other side without falling off the side or tipping over.

Discuss what your solution criteria might look like. You will probably have some different ideas.

What resources are available?

What will a successful outcome look like?

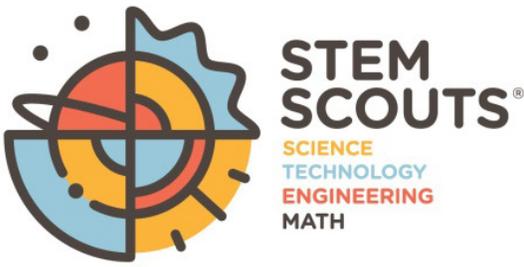
### Step 4: Create Alternative Solutions

Spend a few minutes brainstorming ideas for building your ramp. When you and your team think you have a good design, write it down as your primary solution to be built first as your prototype.

What are some other suggestions for ramps and different programming options? Do you need to do any experiments to optimize your design?

### Step 5: Build a Prototype

Build your primary solution.



# Lab Notebook



## Meeting 3: The Physics of Acceleration

### Activity 2: Program Your mBot (40 minutes)

Remember to switch programmers so everyone has a chance to code.

#### Materials List

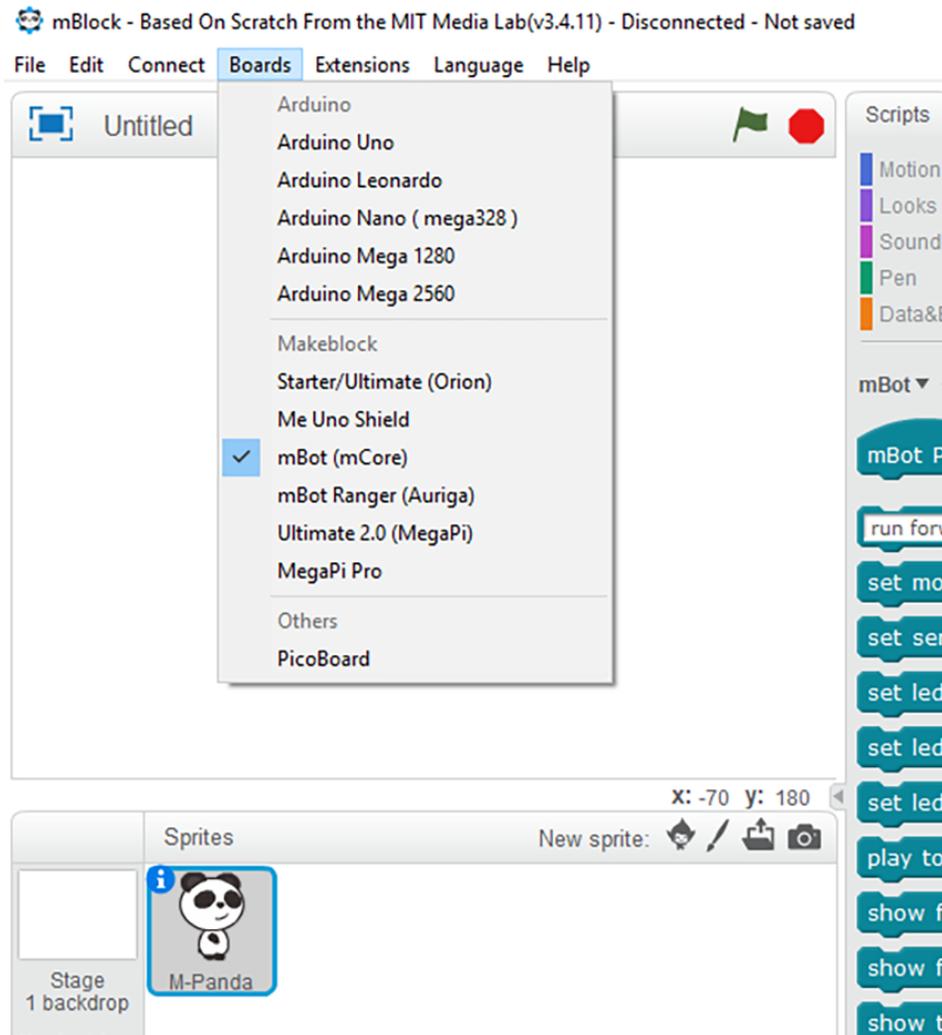
- 1 pair of tweezers to tighten nuts if they become loose (shared between two teams)
- 1 mBot kit (mBot already assembled from Meeting 1 PLUS mBot box)
- 1 small Phillips head screwdriver
- 4 AA batteries
- CR2025 button cell battery for remote control
- 4 7x7-inch pieces of cardboard (for ramp)
- 1 roll of electrical tape for the teams to share (for ramp)
- 5-10 craft sticks to use as support for the ramp as needed
- 1 laptop

Now is the time to test out your ramp and your programming skills. Your job is to design a program so that the mBot moves forward up the ramp and then stops at the top of the ramp to enjoy the view. After a few seconds, the mBot should go down your ramp.



## Meeting 3: The Physics of Acceleration

### Connecting the mBot to run your programs:



- Plug your connection cord into a USB port on your computer.
- Plug the other end into your mBot.
- Hold your mBot and be careful to keep your hands away from the wheels.
- Turn on your mBot. (The last program that was entered may start running.)
- On the mBlock program, open the **Boards menu** and select **mBot (mCore)**.
- Next open the Connect menu and select **Serial Port**.

### Step 6: Test and Redesign as Necessary

Review your results and modify your ramp design and/or program to optimize your solution.

### Step 7: Communicate Results

Be prepared to present to the rest of the teams how you structured your experimental procedure and then present your results and conclusions.



## Meeting 3: The Physics of Acceleration

### Extensions:

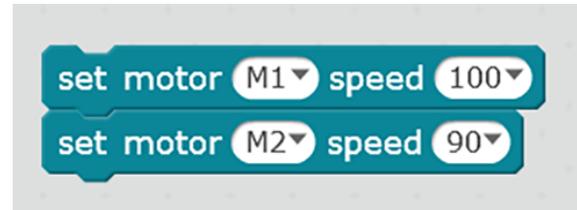
- How would you program your mBot to go up a second ramp?
- What happens when you decrease or increase the speed of your motors?

### Troubleshooting Problems:

When uploading the program, make sure that your robot is either propped up so the wheels aren't in contact with a surface or in a space where it can move freely.

Please make sure it doesn't fall off any desks or tables.

It is possible that your robot does not run perfectly straight. This could be for a few reasons, such as one of the wheels not being perfectly aligned or one of the wheels being more tightly attached to the robot, causing more friction. If this is the case, you could fix this by replacing the run forward block with two blocks setting the motor power levels separately:



### Cleanup

Turn off your mBot, remove the batteries, and put the mBot in the box with the spare parts, remote control, and USB cord. Be careful not to damage the box, as it will house the mBot and its parts for the rest of this module.

Exit all applications on the laptop, fully power it down, and return it to the Program Manager.

Take the ramps apart carefully and save the materials; you will need them for Meeting 6.

Clean your area, and be sure no trace is left behind.

### STEM Innovator Moment Notes




## Meeting 4: Programming With Math, Light, and Sound



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## Meeting 4: Programming With Math, Light, and Sound

### Opening

The Principal Investigator will lead the group in reciting the Pledge of Allegiance and the Scout Oath and Scout Law.

Scout Oath (Scout Sign)	Scout Law (Scout Sign)
On my honor I will do my best To do my duty to God and my country and to obey the Scout Law; To help other people at all times; To keep myself physically strong, mentally awake, and morally straight.	A Scout is trustworthy, loyal, helpful, friendly, courteous, kind, obedient, cheerful, thrifty, brave, clean, and reverent.

### Applying the Scout Law

Today's theme is *courteous*, as in *I will be courteous to everyone and not disrupt their measurements by shining my flashlight at their robot or disturbing their measurements in any way.*

### Activity Overview

You and your team will use the mBot light sensor and the ultrasonic sensor to collect data. You will use this data to program the mBot to have different reactions. Using the data you collect, you will be able to create an interactive robot and will be challenged to show how your mBot can respond.

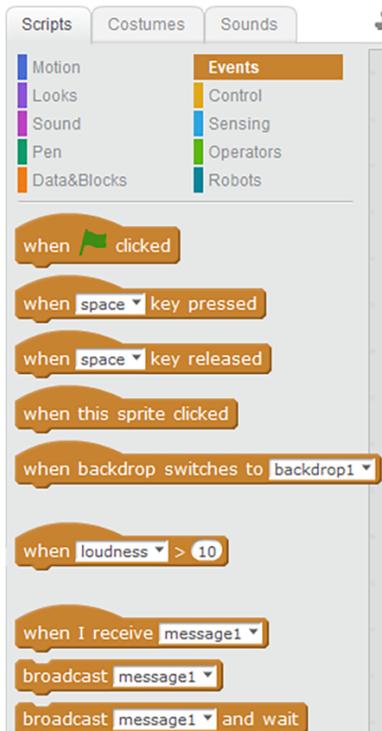
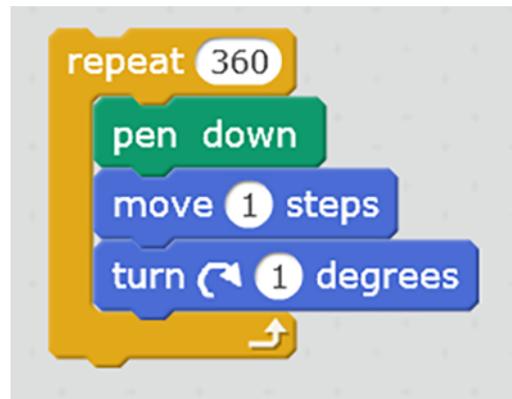


## Meeting 4: Programming With Math, Light, and Sound

### Background

Math is one of the most important elements in computer science. In addition to basic logic, math, and algebra, computer scientists use other computational concepts that are common to many programming languages. The Scratch programs identify seven concepts, which are highly useful in a wide range of Scratch projects and which transfer to other programming (and nonprogramming) contexts. They are:

- Sequence: identifying a series of steps for a task
- Loops: running the same sequence multiple times (For example, this program will repeat to make a circle.)
- Parallelism: making things happen at the same time
- Events: one thing causing another thing to happen





## Meeting 4: Programming With Math, Light, and Sound

- Conditionals: making decisions based on conditions



- Operators: support for mathematical and logical expressions



- Data: storing, retrieving, and updating values

Data, or input, is needed in order to use math and logic in our programs. One way to collect data is by using sensors. This data can be used in a program to generate responses. You and your team will collect data from the mBot’s sensors to create a program that uses math and logic to generate a response from your mBot.

### Safety Moment

Be aware of other mBots when operating your mBot.

When using the light sensor, there may be times when the area needs to be darker. Be aware of your surroundings and other mBots.

Connect and disconnect the cable carefully when testing programs so that you don’t damage the cable or connector.

If you have long hair, tie it back following lab safety rules. Also, if you have any long, dangling necklaces or similar items, take them off or put them inside your clothing. You don’t want them to get caught in the mBot’s wheels.



## Meeting 4: Programming With Math, Light, and Sound

### Experiment

Get back into the same teams of four that you were in for previous meetings.

### Activity 1: Reading Sensors (10 minutes)

Remember to switch programmers so everyone has a chance to code.

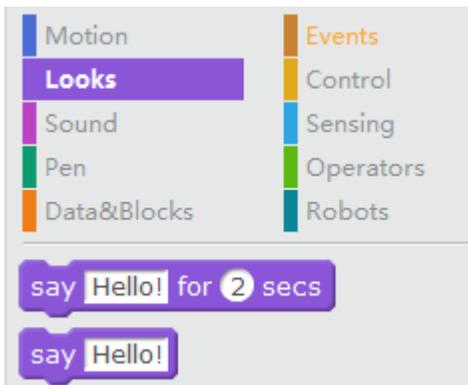
### Materials List

- 1 mBot kit (mBot already assembled from Meeting 1)
- 1 small Phillips head screwdriver
- 4 AA batteries
- CR2025 button cell battery for remote control
- 1 small flashlight
- 1 laptop

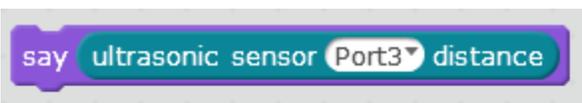
Put the batteries back into the mBot.

In this activity, you will use your mBot and your mBlock software to see how the sensors collect data. Your program/sprite will tell you what values the sensors are reading.

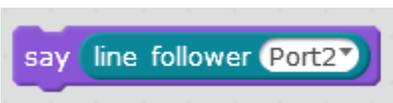
The easiest way to find out what value a sensor is giving is to have a sprite (panda by default) “say” it. In the Looks scripts, there is a say block:



If you ask the panda to say “Hello!”, the panda is going to say “Hello!” Fortunately, you can replace this text with the name of whatever sensor you wish to read. This is for the ultrasonic sensor:



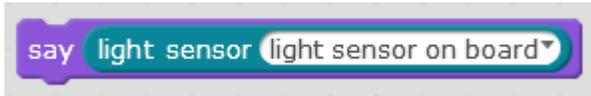
The line follower sensor:





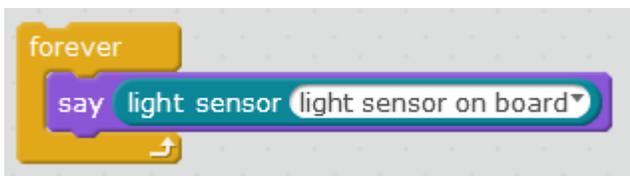
## Meeting 4: Programming With Math, Light, and Sound

And the on-board light sensor:



For the plug-in sensors, make sure the port selected is the same port you have plugged your sensor into.

Now, you can click this block and it will tell you the value of the sensor. To make it continually update, you can put this block in a forever loop:



As you can see, the shape of the forever block is different from the shape of the other blocks you have seen so far. That is because this is a control block that allows the program to enter a loop. In programming, a loop is a feature that allows a part of the code to be repeated.



Using the above code add a “when green flag clicked” event to the top. Connect to your serial port.

**\*TIP:** If program does not load, RESET THE DEFAULT PROGRAM.

<i>Light Sensor Collection Activity</i>		
<i>Challenge</i>	<i>Value</i>	<i>How did you get your result?</i>
Lights on		Turned on all the lights
Lights off		Turned off all the lights
Brightest result		
Darkest result		



## Meeting 4: Programming With Math, Light, and Sound

Once you have completed working with the light sensor, do the same for the line follower and ultrasonic sensors to map out the limits of all three sensors and record them. As a team, figure out how to test these other sensors and make up your own challenges.

<i>Line Follower Collection Activity</i>		
<i>Challenge</i>	<i>Value</i>	<i>How did you get your result?</i>

<i>Ultrasonic Collection Activity</i>		
<i>Challenge</i>	<i>Value</i>	<i>How did you get your result?</i>

### Activity 2: Light Sensor (30 minutes)

Remember to switch programmers so everyone has a chance to code.

#### Materials List

- 1 mBot kit (mBot already assembled from Meeting 1)
- 1 small Phillips head screwdriver
- 4 AA batteries
- CR2025 button cell battery for remote control
- 1 small flashlight
- 1 laptop

The light sensor on the mCore board measures light—the brighter it is, the higher the value; the darker it is, the lower the value. The range of the light sensor signal is 0 to 1023.



## Meeting 4: Programming With Math, Light, and Sound

You are going to program the mBot to play one note if it senses there is a lot of light and play a different note if it senses there is not a lot of light. For this, you will need the if block. There are three parts to an if block:

1. The “if” itself
2. The condition
3. The code that is run if the condition is met

### Step 1: Conditions for Sound

You need to write something like this:

```
If (condition)
---- Do this code
```

The first thing you want to do in this activity is to play a particular sound if it is dark. The condition is “it is dark,” and the code is “play sound”:

```
If (it is dark)
---- Play sound.
```

Remember: The light sensor returns a value from 0 to 1023, where high numbers represent a light environment. As the programmer, you have to choose what value represents “dark.” For this example, a light sensor reading of less than 500 will represent a dark environment. You can then write the code as:

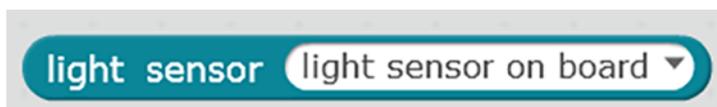
```
If (the value on the light sensor IS LESS THAN 500)
---- Play sound.
```

Writing this in mBlock code, you need:

1. An “if”
2. A condition. The condition in this example is made up of two parts. You need the green less than block in the Operators script:



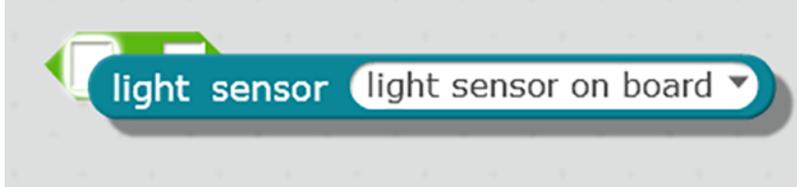
And you need the light sensor block from the Robots script:



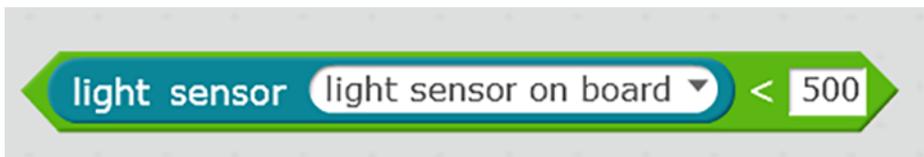
The condition is “the light sensor is less than 500,” so you can put the light sensor block in the left side of the less than block and enter “500” in the right side. When putting the blue block inside the green block, make sure the left side of the blue block is aligned with the appropriate space of the green block. When the space in the green block has a white outline, it is ready to receive the blue block:



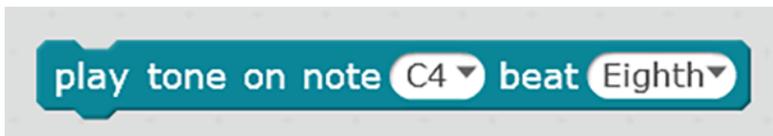
## Meeting 4: Programming With Math, Light, and Sound



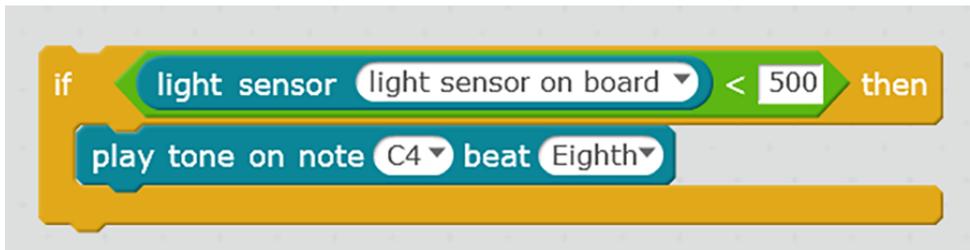
When dropped in, it looks like this:



- Some code that will be run if the condition is met:

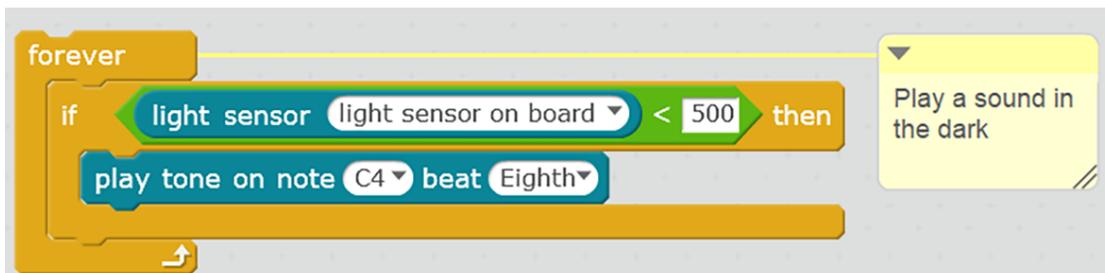


When this code is put together, it looks like this:



When this code runs, it will test the condition once and then stop running. If you want your mBot to continue to play music while it's in a dark environment, you can add a forever loop. It is always a good practice to include a descriptive comment. Comments like this help you to remember why you put something in your code, making it easier to debug and maintain the code later on.

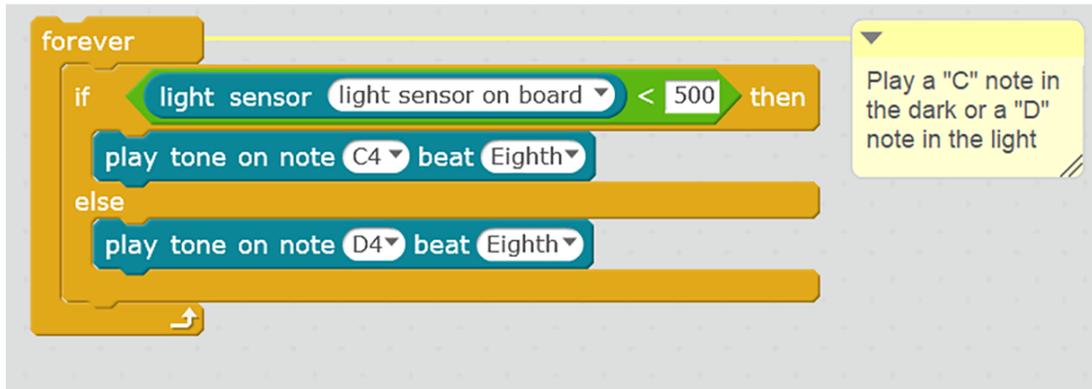
To add a comment, right-click on the code and select **Comment**.





## Meeting 4: Programming With Math, Light, and Sound

What if you wanted to play note C4 in the dark but note D4 in the light? For this, you could use an if/else control block:



Using the table below, write what light sensor data values will make your mBot respond under the following challenges.

### Challenges:

- Develop a program where the robot runs forward in the light and stops in the dark.
- Develop a program where the robot dances in the light (be creative with your dance moves) and rests in the dark.
- Develop a program where the robot goes at different speeds depending on the light—the lighter it is, the faster it goes.
- Develop a program that plays lots of different notes—the more light sensed, the higher the note.

<i>Light Sensor Data Values</i>		
<i>Challenge</i>	<i>Value</i>	<i>How did you get your result?</i>
Runs forward in light, stops in dark		
Dances in light, rests in dark		
Goes faster with more light		
Plays higher note with more light		



## Meeting 4: Programming With Math, Light, and Sound

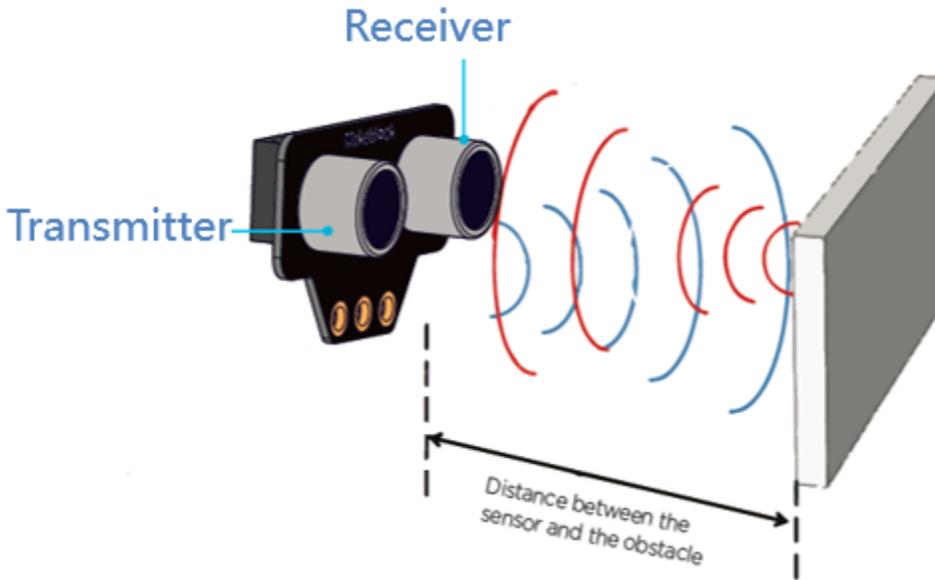
### Activity 3: Ultrasonic Sensor (30 minutes)

Remember to switch programmers so everyone has a chance to code.

#### Materials List

- 1 mBot kit (mBot already assembled from Meeting 1)
- 1 small Phillips head screwdriver
- 4 AA batteries
- CR2025 button cell battery for remote control
- 1 small flashlight
- 1 laptop

The ultrasonic sensor measures distance. One of the “eyes” transmits a sound, and the other waits for the echo of the sound to return. In the time this process takes, the distance of the object from the sensor can be calculated. The ultrasonic sensor has a range of 3 to 400 centimeters. If an object is outside this range, the sensor will return a value of 400.



Have the robot go forward until it is close to an object, then turn away from the object and go off in a new direction:

```

Forever:
---- If an object is detected
---- ---- Turn to a new direction
---- Else
---- ---- Go forward
  
```



## Meeting 4: Programming With Math, Light, and Sound

In code, that looks like this:



```

forever
  if ultrasonic sensor Port3 distance < 10 then
    turn right at speed 100
  else
    run forward at speed 100
  
```

Turn if the robot is within 10 cm of an object; otherwise keep going forward.

On testing this, you will find that the robot isn't turning fast enough when it encounters an object, so you can add a wait command after the turn.

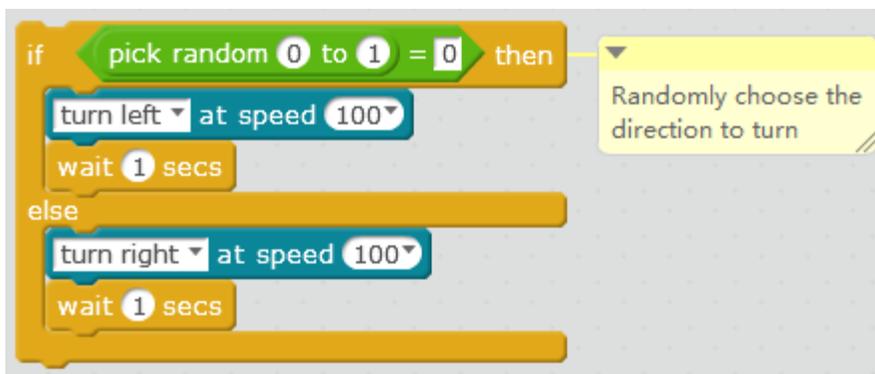
Now, let's say you want it to turn in a random direction—sometimes left and sometimes right. Fortunately, there is an operator block that you can use to do just that:



```

pick random 1 to 10
  
```

The robot can turn only left or right, so choose a random number from 0 to 1. If the random number is 0, the robot will turn left. If the random number is 1, the robot will turn right. So then the turning behavior code will look like this:



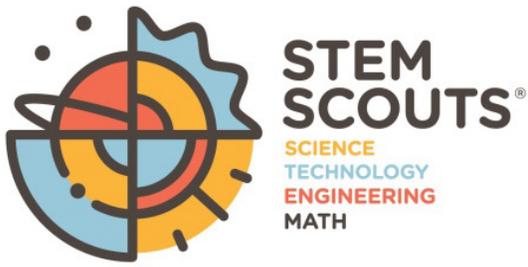
```

if pick random 0 to 1 = 0 then
  turn left at speed 100
  wait 1 secs
else
  turn right at speed 100
  wait 1 secs
  
```

Randomly choose the direction to turn

### Challenges:

- Can you put the code above together to make the complete program?
- Can you write a program that follows an object? If the object is too close, the robot goes backward; if the object is far away, it goes forward; and if the object is not near or far, the robot stops.
- Can you change your program from the previous challenge to make the robot move at different speeds?



# Lab Notebook



## Meeting 4: Programming With Math, Light, and Sound

### Cleanup

Turn off your mBot, remove the batteries, and put the mBot in the box with the spare parts, remote control, and USB cord. Be careful not to damage the box, as it will house the mBot and its parts for the rest of this module.

Exit all applications on the laptop, fully power it down, and return it to the Program Manager.

Clean your area, and be sure no trace is left behind.



**STEM  
SCOUTS®**  
SCIENCE  
TECHNOLOGY  
ENGINEERING  
MATH

# Lab Notebook

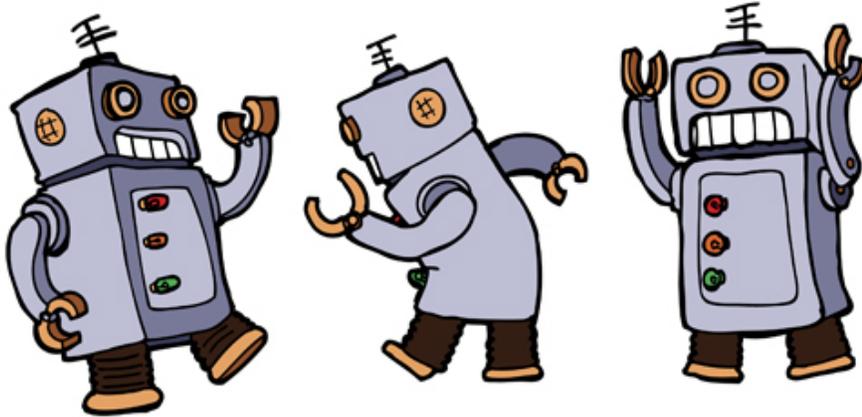


## Meeting 4: Programming With Math, Light, and Sound

STEM Innovator Moment Notes




## Meeting 5: Programming With Music



*Shutterstock.com, courtesy—©lineartestpilot*

### Meeting 5: Programming With Music

#### Opening

The Principal Investigator will lead the group in reciting the Pledge of Allegiance and the Scout Oath and Scout Law.

Scout Oath (Scout Sign)	Scout Law (Scout Sign)
On my honor I will do my best To do my duty to God and my country and to obey the Scout Law; To help other people at all times; To keep myself physically strong, mentally awake, and morally straight.	A Scout is trustworthy, loyal, helpful, friendly, courteous, kind, obedient, cheerful, thrifty, brave, clean, and reverent.

#### Applying the Scout Law

Today's theme is *thrifty*, as in *I will be thrifty in my coding and try to make my programs simple and easy to understand.*

#### Activity Overview

In this activity, you will learn to program LED lights to make lights change colors and to create musical sounds with your mBot. You and your team will develop a unique song-and-dance routine for your mBot.



## Meeting 5: Programming With Music

### Background

Art and technology are used in many ways in our world today and can be found in many different industries. Everywhere we look we are surrounded by sights and sounds that were created by artists and then enhanced by computer programming. Programming allows us to modify and enhance an image or sound.

### Safety Moment

Be aware of other mBots when operating your mBot.

Connect and disconnect the cable carefully when testing programs so that you don't damage the cable or connector.

If you have long hair, tie it back following lab safety rules. Also, if you have any long, dangling necklaces or similar items, take them off or put them inside your clothing. You don't want them to get caught in the mBot's wheels.

### Experiment

Get back into the same teams of four that you were in for previous meetings.

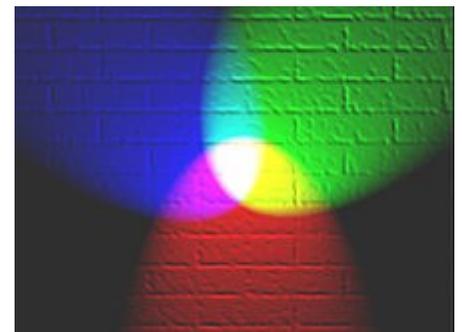
### Activity 1: The LED Display (20 minutes)

Remember to switch programmers so everyone has a chance to code.

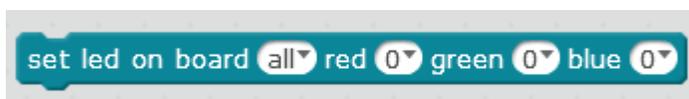
#### Materials List

- 1 mBot kit (mBot already assembled from Meeting 1)
- 1 small Phillips head screwdriver
- 4 AA batteries
- CR2025 button cell battery for remote control
- 1 laptop

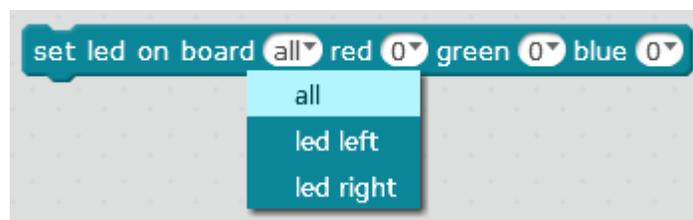
There are two RGB LEDs on the mCore. RGB stands for red-green-blue and LED stands for light-emitting diode. Each LED can be assigned a level of red light, a level of green light, and a level of blue light from 0 (light turned off) to 255 (light turned on full power). By combining these lights, you can make a wide range of different colors:



To start playing with the on-board LEDs, you need to drag and drop this block:



The first drop-down menu gives you a choice of which on-board LED you want to control. On the mBot, you have three choices:





## Meeting 5: Programming With Music

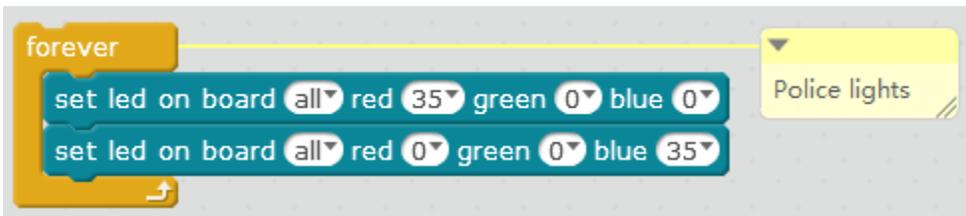
You want to control all the LEDs so you are going to select **all**. The other three drop-downs allow you to control how bright the LED displays the relevant color. It gives you options of 0, 20, 60, 150 and 255, but you can also type in the value you want. Set your LED's red value to 35 and click the block to see the LEDs light up.



It might be fun to have the robot flashing lights like a police car, going from red to blue and back again. If you would like this to go on forever, there is a forever block in the Control scripts:



In this example, the loop is going to repeat forever, repeating all the blocks that are inside the forever loop:



The LEDs will be set to red, then blue. Then the program will go back to the top of the loop, and the LEDs will be set to red again, then blue, then loop forever. That is good, but the lights change color far too quickly. How would you slow that down? Hint: You used this command in the last meeting.



Adding two wait blocks—one after the red LED is turned on and one after the blue LED is turned on—allows you to see each color clearly before it changes.



## Meeting 5: Programming With Music

### Challenges:

- Play with different settings of the LEDs. What different colors can you make? What settings of the RGB LED create these colors?
- Can you write a program that sets the left LED and the right LED at different times to your favorite color so that if the right LED is on, the left LED is off, and vice versa?
- Can you write a program that gives a light show accompanied by music? Remember to add comments.

Suggested notes for songs.

Happy Birthday	Mary Had a Little Lamb	Twinkle, Twinkle, Little Star	Little Mermaid
GGAGCB	EDCDEEE	CCGGAAGFFEEDDC	BCDECDEECDEG
GGAGDC	DDDEGG	GGFFEEDGGFFEED	FFEGFFEFECEG
GGGECBA	EDCDEEE	CCGGAAGFFEEDDC	FECGGBC
FFECDC	EDDEDC		

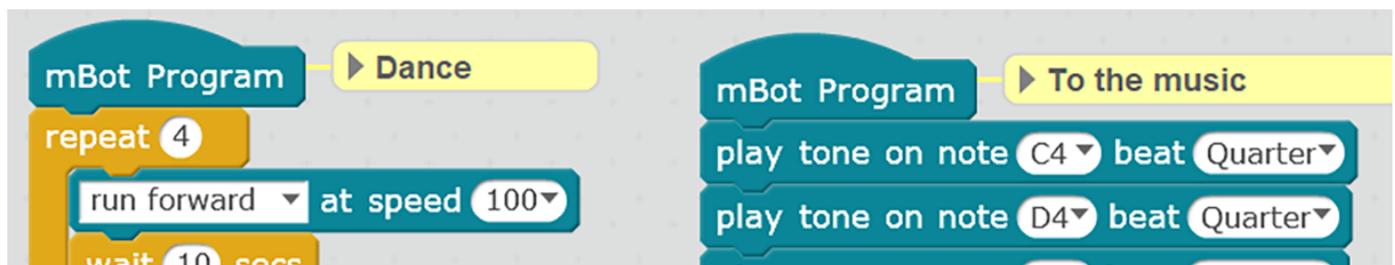
### Activity 2: Singing and Dancing mBot (40 minutes)

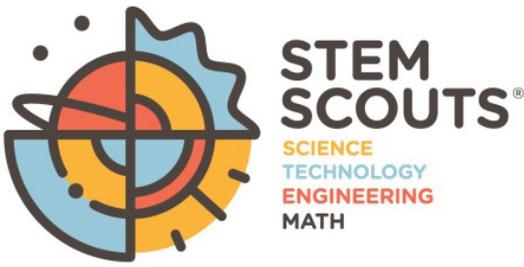
Remember to switch programmers so everyone has a chance to code.

#### Materials List

- 1 mBot kit (mBot already assembled from Meeting 1)
- 1 small Phillips head screwdriver
- 4 AA batteries
- CR2025 button cell battery for remote control
- 1 small flashlight
- 1 laptop

The options are endless for this activity. Use any song you like or write your own song, and then get the mBot grooving to the beat. Write some code that plays a song and then gets the mBot dancing.





# Lab Notebook



## Meeting 5: Programming With Music

**Reusing** and **remixing** are the computational practices of making something by building on existing projects or ideas.

In this activity, you and your team will take an existing program and remix it to create your own program.

- Open the mBlock program.
- Click on the **File** menu and choose **Load Project**.
- From the **File Manager**, locate and open the **Desktop**.
- Locate the file named **Singing and Dancing mBot.sb2** and **Open** it.
- This will load a program that will allow your mBot to first move, and then play a song.

**Challenge:** Use your skills from the LED activity to add some lights to your program.

### Cleanup

Turn off your mBot, remove the batteries, and put the mBot in the box with the spare parts, remote control, and USB cord. Be careful not to damage the box, as it will house the mBot and its parts for the rest of this module.

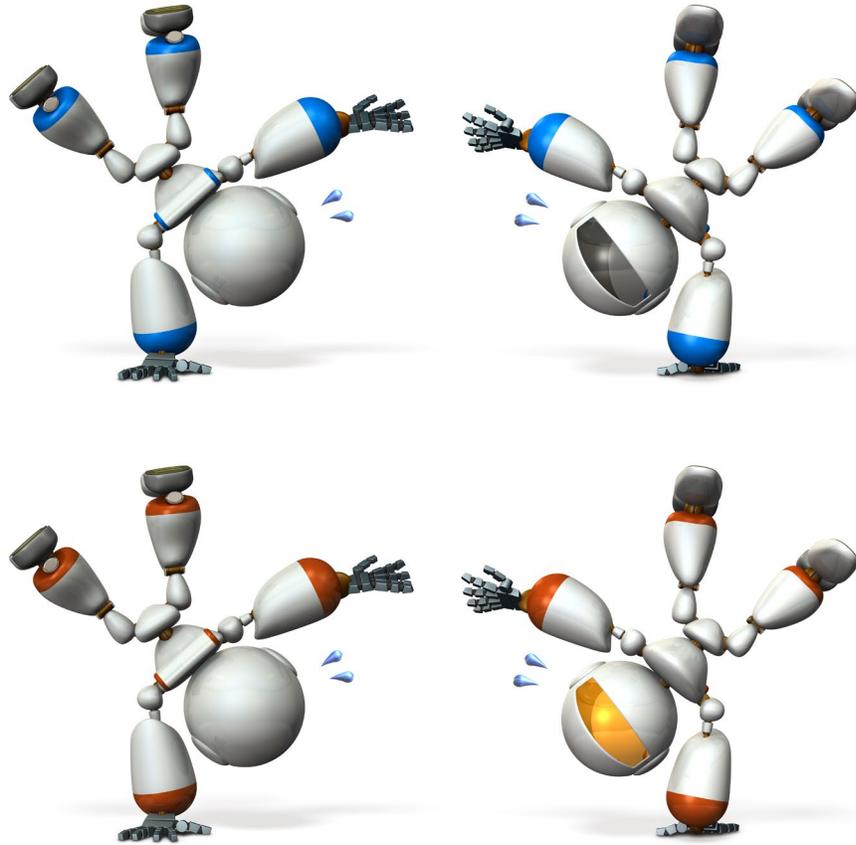
Exit all applications on the laptop, fully power it down, and return it to the Program Manager.

Clean your area, and be sure no trace is left behind.

### STEM Innovator Moment Notes




## Meeting 6: Putting It All Together



*Shutterstock.com, courtesy-©CYCLONEPROJECT*

## Meeting 6: Putting It All Together

### Opening

The Principal Investigator will lead the group in reciting the Pledge of Allegiance and the Scout Oath and Scout Law.

Scout Oath (Scout Sign)	Scout Law (Scout Sign)
On my honor I will do my best To do my duty to God and my country and to obey the Scout Law; To help other people at all times; To keep myself physically strong, mentally awake, and morally straight.	A Scout is trustworthy, loyal, helpful, friendly, courteous, kind, obedient, cheerful, thrifty, brave, clean, and reverent.

### Applying the Scout Law

Today's theme is *friendly*, as in *I will remain friendly to all Scouts as we compete against each other.*



## Meeting 6: Putting It All Together

### Activity Overview

This is the final activity where you and your team will combine all of the skills you have learned from each of the past five meetings. You and your team will use your skills from Meeting 2 to complete the square obstacle course. You will then re-create your ramp program from Meeting 3 to go up and over the ramp. Finally, you will use skills learned in Meetings 4 and 5 to make a music and light show with your mBot.

### Background

Building a complete program is like building a house. There are many different skills needed to complete the project. In building a house, you may need experts in foundations, carpentry, electrical, plumbing, painting, etc. In programming and robotics, different programs have to be mastered in order to run the whole project. In today's meeting, you and your team are going to combine all of your programming skills from the past meetings to program a robot to go through different challenges.

### Safety Moment

Be aware of other mBots when operating your mBot.

Connect and disconnect the cable carefully when testing programs, so that you don't damage the cable or connector.

If you have long hair, tie it back following lab safety rules. Also, if you have any long, dangling necklaces or similar items, take them off or put them inside your clothing. You don't want them to get caught in the mBot's wheels.

### Experiment

Get back into the same teams of four that you were in for previous meetings.

Remember to switch programmers so everyone has a chance to code.

### Materials List

- 1 mBot kit (mBot already assembled from Meeting 1)
- 1 small Phillips head screwdriver
- 4 AA batteries
- CR2025 button cell battery for remote control
- 1 small flashlight
- 1 laptop

**Step 1:** You and your team will be assigned an area to start with. Work with your team to develop a program for that area. When complete, check in with a Lab Leader to move on to the next area, moving counterclockwise on the challenge course. Keep track of time, as you have three areas to conquer on the challenge course. You and your team should look over the entire course and decide how to work together as a team to get it all done.

**Step 2:** Program your next area by adding a new section to the program for your first area. Keep the code separate but in the same program. You will connect the code when all three sections are complete. Continue until you have programmed all three areas.

**Step 3:** Put it all together by combining the three program segments in the right order.

**What do you need to add between the obstacles to get from one area to the next?**



## Meeting 6: Putting It All Together

**Step 4:** Present your final project.

### Cleanup

Turn off your mBot, remove the batteries, and put the mBot in the box with the spare parts, remote control, and USB cord.

Exit all applications on the laptop and fully power it down.

Return all materials to the Program Manager.

Clean your area, and be sure no trace is left behind.

### STEM Innovator Moment Notes
